



**Read the following Case Study and answer all 7 questions in the space provided.**

Answer **ALL** questions in the spaces provided.

Vikki is 17 years of age and lives with her 36 year old mum. Vikki has a 14-year old sister Jayne. They live in a two bedroom terraced house in a small town. They have lived in this small town all their lives; they know all their neighbours and have a close community network.

Vikki and Jayne no longer go to their parish church; however their mum attends every Sunday. Their dad died when they were small, their mum put them with a local childminder so she could work. Despite a busy working day, mum enjoys cooking healthy and nutritious meals for her daughters and has been trying to get them to cook healthy meals for themselves so they know what to do when they leave home to go to University one day. Both Vikki and Jayne respect their mum for her hard work. They both attend the local High School. Vikki is in the sixth form doing her first year of A levels and Jayne is in her first GCSE year. Vikki is bright at school and Jayne looks up to Vikki. Jayne is more interested in sport and keeping fit, she taught Vikki to ride her bike. They both belong to the local youth club where they are both involved with charity work and where they go to discos and parties. Jayne works out in the gym at the youth club. She also has a paper round and likes to help out at the Care Home her mum works at on a Sunday.

Vikki has recently started dating another sixth former, Howard; he is 18 years of age. Howard has introduced Vikki to a local bar where sixth formers can go to have a good time on a Friday or Saturday night. Vikki sometimes doesn't get home until the next day and looks tired out. She has tried smoking and drinking alcohol at this bar. Her mum gets worried when Vikki gets home very late. Vikki has reassured her mum that it is just a regular bar where teenagers hang out and that there is nothing to worry about. Vikki has recently lost a lot of weight and is not trying as hard with her studies as she used to.

One Sunday morning Vikki arrives home in the early hours. She creeps into the room she shares with her sister and collapses on the floor. Jayne turns on the light to see her sister lying on the floor. Jayne is worried and goes to Vikki to see if she is alright. Jayne remembers from her first aid course at the youth club she must check that Vikki's airway is clear, that she is breathing and check her circulation. Jayne finds that Vikki is not breathing. Jayne calls her mum to ring for an ambulance. When the paramedics arrive they recognise that Vikki must have been taking some sort of recreational drug to be in this state.

Vikki is well cared for by the paramedics and by the time Vikki arrives at hospital she is in a stable condition. The doctor takes blood samples from Vikki to try and discover what Vikki has taken that has made her so ill. The nurse observes Vikki and regularly takes her pulse, blood pressure and temperature. Vikki stays in hospital for a couple of days to be observed by the medical staff before she is allowed home.

Mum and Jayne are very upset by what has happened to Vikki. Mum was very angry at first with Vikki for taking drugs, but her anger with Vikki lessens when Howard explains that Vikki had not taken any drugs, but that he thinks one of her drinks was spiked with something bad. Mum reports this to the local Police, the Health Centre and the High School. The incident is reported in the local newspaper and the High School decide to do a special assembly on the dangers of taking drugs and drinking. The Police investigate what happened further by questioning the bar manager and workers and other teenagers who were there the night Vikki was taken ill. Vikki still goes to the bar with Howard, but now only drinks out of bottles rather than a glass. Vikki has had to have several health checks at the local Health Centre to make sure she is recovering alright and that there has not been any long-lasting effects from the spiked drink. Vikki has been warned that if this happens again she would be at risk of damage to her brain and other major organs like her liver.



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1. Outline the key changes and developments for Vikki in the 'adolescence' life stage for each of the following areas of development:

(a) Physical

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(3)

(b) Intellectual

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(3)

(c) Emotional

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(3)



(d) Social/Cultural

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(3)

(Total 12 marks)

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Q1



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2. Describe the potential role of the following sectors in supporting and monitoring Vikki and her family.

(a) The health sector in monitoring growth and development.

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(2)

(b) The children and young people sector in learning and development.

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(2)

(c) The social care sector in supporting individuals requiring additional support.

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(2)

(Total 6 marks)

Q2





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4. (a) Describe how a disability e.g. paralysis because of brain damage, following drinking a spiked drink could affect a teenager like Vikki's development in the following areas.

(i) Physical

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(2)

(ii) Emotional

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(2)

(iii) Social

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(2)

(iv) Intellectual

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(2)

(b) What impact might disability have on her future lifestyle choices and opportunities?

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(2)

(Total 10 marks)

Q4



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5. Discuss how the following might influence Vikki's lifestyle.

(a) Socio-economic factors such as employment and education.

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(2)

(b) Physical factors such as the environment.

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(2)

(c) Religion

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(2)

(d) Culture and beliefs

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(2)

(Total 8 marks)

Q5





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7. Assess Vikki's health, wellbeing and lifestyle and recommend **two** improvements Vikki could make to these.

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(Total 6 marks)

Q7

**TOTAL FOR PAPER: 60 MARKS**

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