

Mark Scheme

Principal Learning

SH204 Society, Health & Development Level 2 Unit 4: Growth Development and Healthy Living

Question Number	Answer	Mark
1(a)	<p>Identification of any of the following for each area of development. To get three marks must be more than one change identified and outlined.</p> <p>Menstruation / menses / periods start / breasts develop / hips widen / physical growth i.e. taller / develop her figure / losing weight.</p>	(3)
(b)	<p>Identification of any of the following for each area of development. To get three marks must be more than one change identified and outlined.</p> <p>Abstract thinking / learning GCSE / A level subject materials / understanding the idea of and need for charity work.</p>	(3)
(c)	<p>Identification of any of the following for each area of development. To get three marks must be more than one change identified and outlined.</p> <p>Increasing independence / self-confidence as the older sister / changes in behaviour on going to college / missing her dad / developing feelings for Howard - a different kind of love known before / close community network / close relationship with mum and sister / losing weight / chose to not go to church peer pressure to fit in.</p>	(3)
(d)	<p>Identification of any of the following for each area of development. To get three marks must be more than one change identified and outlined.</p> <p>Co-operation with friends / college peers and peer pressure / teamwork in charity work and at youth club / relationships - younger sister and mum / Howard and new friends at the bar / having a social life / trying smoking and drinking alcohol / no longer goes to church / value of hard work.</p>	(3)

Question Number	Answer	Mark
2(a)	<p>Description of how the three sectors could support and monitor Vikki and her family. Answer could include any of the following:</p> <p><u>Health sector</u> in monitoring growth and development in the early years: baby clinic / advice / community midwife / health visitor / childhood vaccinations / GP and health centre role i.e. prescriptions when unwell / A&E / Paramedics / Dentist and dental hygiene education.</p>	(2)
(b)	<p>Description of how the three sectors could support and monitor Vikki and her family. Answer could include any of the following:</p>	

	<u>The children and young people sector</u> in learning and development: school / college / youth club / childminder / Police / counsellor [re: death in the family].	(2)
(c)	Description of how the three sectors could support and monitor Vikki and her family. Answer could include any of the following: <u>The social care sector</u> in supporting individuals requiring additional support: drugs advice worker / social worker and various roles of / clergy.	(2)

Question Number	Answer	Mark
3(a)&(b)	<p>Life events that could be described, two (a) and (b) of the following (4 marks each): Dad dying when she was young / starting school / going to the childminder / Vikki's incident.</p> <p>Must be a description of how two of these may affect all areas of Jayne's growth, development, health and wellbeing - not just one area. To be awarded full marks must attempt both positive and negative affects in answer.</p> <p><u>Death of dad</u>: may miss her dad - no father role model present in her life - negative effect mental, emotional and social growth and development / less money coming in as only mum working could effect choice of foods / holidays / left with childminder so mum could go to work - could be negative, however also a wider social network - learns to mix - positive effect on well being / social development.</p> <p><u>Starting school</u>: may already be confident and good at mixing with others - positive effect on wellbeing / making new friends can be stressful and scary - negative, but also fun and easier as a young child - positive / learn new things / play with others / physical growth through physical activity i.e. PE / social development as meet new people i.e. teachers.</p> <p><u>Going to childminder</u>: meets new people - may have some loss of confidence until establishes a new set of friends / bonding / missing her mum - negative effect on health and wellbeing / gains confidence socially and makes new friends.</p> <p><u>Vikki's incident</u>: shock of finding Vikki collapsed and giving first aid - negative, however being able to help and knowing what to do - positive for emotional development / worried about her sisters health / taught her a lesson to not get in the same position as</p>	

	Vikki - positive / learn how drugs are dangerous - positive.	(8)
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Question Number	Answer	Mark
4(a)(i)	<p>A description of how paralysis could affect Vikki's development in each of the following ways and must be more than one example for each. Not just identification.</p> <p><u>Physically</u>: she might not be able to do things for herself such as dress herself or go to the toilet by herself / may not be able to get herself to college anymore / her speech may be affected / may not be able to carry on doing what she liked re: charity work / youth club / ride her bike / muscle wasting.</p>	(2)
(ii)	<p>A description of how paralysis could affect Vikki's development in each of the following ways and must be more than one example for each. Not just identification.</p> <p><u>Emotionally</u>: she may feel dependent and frustrated because she cannot do things liked she used to / feel unattractive to Howard / feel different to her college friends / angry at why it happened to her / sad / depressed / may want to help others who have had a similar experience.</p>	(2)
(iii)	<p>A description of how paralysis could affect Vikki's development in each of the following ways and must be more than one example for each. Not just identification.</p> <p><u>Socially</u>: her friends may not have as much time for her if she cannot do the things they used to do together / she may become socially isolated / not be able to go to youth club / the bar / make new friends who have a disability &/or had a similar experience.</p>	(2)
(iv)	<p>A description of how paralysis could affect Vikki's development in each of the following ways and must be more than one example for each. Not just identification.</p> <p><u>Intellectually</u>: she may have difficulty speaking if the paralysis affects her speech / she may forget things easily / may not do as well at her A levels as first predicted as so much time off college getting better / may have to leave college with no qualifications / not be able to progress to University.</p>	(2)
(b)	Description - could include positives that come out of this too. Not just identification.	

	<p>The disability may restrict her lifestyle choices as she will not be able to go out with her friends or Howard when she wants as much as she used to, if at all / her opportunities for education and for jobs may be limited because of her mobility problems / where she lives and who she lives with / not be as independent as she would like / unable to do sport or exercise / go on holiday / may meet new people who make her feel good about herself and fit in / take up new hobbies and activities / have a successful career</p>	(2)
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Question Number	Answer	Mark
5(a)	<p>A discussion / description not just an identification of how the following might influence Vikki's lifestyle:</p> <p><u>Socio-economic factors</u>: if she does well at school with her A levels can go to University / get a well paid job / gets a good reference from her charity work / afford to go on holidays / have a nice home / more choices in life / could get a part-time job to help through University / learn the value of money and hard work.</p>	(2)
(b)	<p>A discussion / description not just an identification of how the following might influence Vikki's lifestyle:</p> <p><u>Physical environment</u>: living in a street/community where she knows everyone and they know her gives her a strong sense of community and belonging / feel safe to try new things as home/family/friends always there / may chose a University close to home as home means a lot to her / may be too small and restricted may want to get away further.</p>	(2)
(c)	<p>A discussion / description not just an identification of how the following might influence Vikki's lifestyle:</p> <p><u>Religion</u>: her mother's example of strong religious values gives her a role model and values to live up to / socialise with like minded people / support when her dad died / rebellion by not going to church anymore and doing something else instead with her time.</p>	(2)
(d)	<p>A discussion / description not just an identification of how the following might influence Vikki's lifestyle:</p> <p><u>Culture and beliefs</u>: she feels part of a community / mother's hard work is something she respects / charity work commitments</p>	(2)

Question Number	Answer	Mark
6(a)& (b)	<p>Explanation / Description of how two of Jayne’s lifestyle choices might impact on her health and wellbeing and her life opportunities.</p> <p>Select two from the following lifestyle choices: Healthy diet / Sport and keeping fit i.e. gym / part-time job i.e. paper round, Care Home / not to get involved with drugs, drink and smoking. Include both positive and negative impacts.</p> <p><u>Healthy diet:</u> less illness / not so much time off school unwell / able to work more so less time off work / potential to earn more / be reliable / feel good about herself / feel well / confident / be able to perform better in her sport & gym activities / more energy and positive attitude on life / increase life expectancy and health in older years / feel less stressed.</p> <p><u>Sport and keeping fit:</u> less illness / physical injuries / not so much time off school and work / not get overweight which is good for overall health and wellbeing / future health i.e. fertility and not getting conditions related to being overweight i.e. Diabetes & CHD / positive mental health and feeling good about herself / potential to be stronger physically and mentally to cope with what ever life throws at her.</p> <p><u>Part-time job i.e. paper round / care home:</u> feel independent and good about her contribution to the community / understand more about money and work / references for future training & work / have her own money helps money management skills - help in the future.</p> <p><u>Not to get involved with Drugs, Alcohol and Smoking:</u> through seeing what happened to Vikki this could be a lifestyle choice / overall physical and mental health better for not trying or doing the above / less risk of serious diseases i.e. cancer / ability to hold down a job / good attendance at school, college and university / have money and choices / be a good parent and role model / increased life expectancy.</p> <p>2 marks for each lifestyle choice explanation and 3 marks for each impact.</p>	(10)

Question Number	Answer	Mark
7(a)	<p>Assessment on Vikki's health, wellbeing and lifestyle at present. To be a description and not just an identification. This must be what the candidate thinks is right and wrong with Vikki's health, wellbeing and lifestyle and why they think this.</p> <p>To include: eating habits / social activities / school studies / youth club / charity work / dating Howard / going to the bar / not going to church / loss of weight / drinking alcohol / smoking / how the incident has affected Vikki</p>	(2)
(b)	<p>Recommendations - any two from: Must not just identify, must describe.</p> <p><u>Take up a sport</u>: exercise would help her increase muscle bulk and control her weight / feel good about herself / cut down the amount of time available to go to the bar / less illness in the future / meet like minded people into being healthy, better than hanging out with teenagers who like to smoke, take drugs, drink and stay out late.</p> <p><u>Don't smoke or drink alcohol [in moderation]</u>: improve overall health / good skin and less risk of serious diseases i.e. cancer / would have more money for nice things like fashion.</p> <p><u>Return home earlier at night for more sleep</u>: sleep is good for us / recharges us, growth and repair / less stress / able to cope with school studies more effectively.</p> <p><u>Put on some weight</u>: better for your health than being too thin / difficult through peer pressure / media images / good for overall physical and mental health to follow a healthy balanced diet.</p> <p><u>Get a part-time job</u>: increase independence and money management skills / less time available to spend at the bar / good for references to go to University &/or get a future job.</p> <p><u>Adopt a healthier eating pattern</u>: as mum cooks healthy meals eat more to put on some weight and choose healthy foods including fresh fruits and vegetables in diet when away from mum</p>	(4)